

JUNE SUMMER CAMPS

Cheer Skills Week (6/18-6/22) 9:00am-Noon

This camp is designed for boys and girls, *ages 4 to 12* looking to improve or learn cheerleading motions, chants, dances, jumps, stunts, and tumbling. We will work on choreographing a routine to show the parents at the end of the week. This camp will be F-U-N!



Sports and Games Week (6/25-6/29)

9:00am-Noon

This camp is designed for boys and girls *ages 5 and above*. This camp will include three hours of bars, beam, tumbl trak, vault and floor activities as well as introducing other sports skills and fun, active games!



JULY SUMMER CAMPS

Princess & Superhero Week (7/9-7/13) 9:00am-Noon

This camp is designed for boys and girls *ages 3 to 8*. We will have themed games along with a craft for each day of camp. Throughout the day, the children will have time to learn new skills on the bars, beam, floor, vault, and tumble track. This camp will bring out the imagination and fairytale believer in your princess, and superpowers in your superhero. Princess and Superhero Camp is always so much fun!



Basic Training Week (7/16-7/20) 9:00am-Noon

This camp is designed for older girls and boys **ages 8-18!** Challenges, high intensity workouts and tumbling development will be the focus of this camp! Utilize our spring floors, 30' Tumb Trak and experienced instructors to help you develop and reach your tumbling goals. Kids of all experience levels from cartwheels to fulls are welcome to join us for this high-energy week of camp!



JULY/AUGUST SUMMER CAMPS

Disney Week (7/30-8/3) 9:00am-Noon

This camp is designed for boys and girls, **ages 3 to 8** who love Disney, gymnastics and FUN! Children will participate in gymnastics rotations, games, crafts and Disney themed fun throughout the week.



Science and Nature Week (8/6-8/10)

9:00am-Noon

This camp is designed for boys and girls **ages 7 and above.** This camp will include three hours of bars, beam, tumb trak, vault and floor activities as well as a daily science project and/or Nature exploration activity. Science and Nature fans, this will be a great week of combining the physical fun of gymnastics with a love for experiments and the great outdoors!

Camp Information

- Camp, summer extras, and classes are for *members and non-members*.
- We ask that you **please pre-register** for all camps by the Friday prior to the week of camp you wish to attend. This not only saves your child's space, but also allows for us to plan and prepare the best camp experience for your child. Late registrations can only be accommodated if space allows.
- To register, you can mail in your registration form, enroll via our event calendar, or call the office.
- All outdoor activities are weather permitting.

All of our camps will begin with an exciting game or activity to get everyone warmed up and ready to go! Children will be split up into age appropriate groups with activities designed for that specified age group. The fun will continue with instruction on balance beam, tumble track and/or trampoline, bars, vault and floor. Water fun is also part of each camp (based on the weather). Inflatable pools and a water slide are set up outside and under the supervision of our staff the children have a BLAST! Every day will include time for games, a craft activity, and snack time (provided by you). **Because nuts are such a common source of food allergies, we ask that you do not pack any nuts or nut related foods.**

What to wear:

- Leotard with/without shorts
- Shorts & T-shirt
- Flip Flops or easy on & off shoes for going outside
- Long hair should be pulled back and away from the face
- No jewelry (small stud earrings are acceptable), zippers, buttons, or snaps

Please have your child bring:

- Water Bottle
- Snack (without nut products)
- Swimming suit & towel, or a change of clothing for water games
- Sunscreen

SUMMER EXTRAS!

Summer Fun Day (Monday 7/2 9:00am-Noon)

Fun Days are for boys and girls, *ages 3 and older*. This is three hours of bars, beam, tumble track, crafts, and water fun. Make sure to bring your towel, sunscreen, flip flops, a snack, and a water bottle.

Check out our tumbling clinics...

Beginner Tumbling (Tuesday 7/3 9:00am-11:00am)

This clinic is for boys and girls *ages 6 and older* looking to work on beginner tumbling skills such as forward rolls, backward rolls, handstands, cartwheels, bridges, and round offs. No pre-requisite required.

*Back-Handspring Clinic (Tuesday 7/3 9:00am-11:00am)

This clinic is for boys and girls *ages 6 and older* that are able to *arch back to a bridge and bridge kick over by themselves*. We will work on the progressions of a back-handspring, along with round offs, and round off back-handsprings as appropriate to each individual's skills.

*Back Tuck Clinic (Thursday 7/5 9:00am-11:00am)

This clinic is for boys and girls who have a *series of back-handsprings by themselves* looking to work on standing back tucks, round off back tucks, and back-handspring back tucks.

***Layouts and Beyond Clinic (Thursday 7/5 9:00am-11:00am)**

This clinic is for boys and girls who have a **back-handspring back tuck by themselves**. This clinic will focus on progressions towards layouts and fulls.

*If you need help determining which clinic is appropriate for your child's skill level, please contact the office to arrange an evaluation. Your child will get the best learning experience and progressions by making sure they are in the proper clinic.

Summer Sleepover (Saturday 7/7 7:00pm-7/9 9:00am)

Sleepovers are for girls **ages 6 and older**. Boys may register but must be picked up by 10:00pm. We will play games, eat pizza, and have free time in the gym. If your child does not wish to stay the night, they may be picked up by 10:00pm, but you must let us know in advance. If your child does stay the night, they must be picked up by 9:00am the next day. If they need to be picked up earlier than 8:30am, please let us know in advance.

Fall Open House (8/12 1:00pm-5:00pm)

Invite your friends to come see our facility and meet our friendly and professional staff. Our fall gymnastics, dance, and cheerleading fall schedule will be available. After visiting, if you would like to enroll your child for a free trial class, staff will be able to assist you with registration and answer any questions you may have.

Free Trial Day (8/14)

5:00-6:00 Just 3s/ KinderTots
6:20-7:05 You and Me
6:10-7:10 Cheer Skills I and II
6:10-8:10 Older Girls and Boys
7:20-8:20 Gym Kids I and II
7:20-8:20 Tumbling, Tumble Tots

This is for anyone who is **NOT** a member of WSGD and would like to try a class. We ask that only families who are seriously considering enrollment register for the free trial class. Registration for the free trial day is encouraged prior to the date. The trial day will only be available on a first come first serve basis. You may register for the free trial day via the event calendar on our website, www.wsgd.net.

2018 Summer Camp Registration Form

Cost for one week of camp is \$95.00 (See below for discounts when the same child attends additional camp). A \$35.00 non-refundable deposit for the first camp and a \$20.00 deposit for additional camps. The remaining balance for each camp will be due on the first day of camp.

Registration will be a first come basis; spaces are limited, register early to guarantee the weeks you want. You may register online, at the gym, or by mailing this registration form to WSGD. See back for summer extras registration.

*Want to register for just one day of camp? As space is available, we will take one day registrations for \$25 per day.

1 st Camp - \$95.00
2 nd Camp- \$85.50
3 rd Camp- \$76.00
4 th Camp- \$66.50

Additional Camp Discounts



Child's Name _____ Birthdate _____ Gender _____ Age _____

Child's Name _____ Birthdate _____ Gender _____ Age _____

Child's Name _____ Birthdate _____ Gender _____ Age _____

Parent's Name _____ Telephone No. _____ Cell _____

Address _____

Email _____

Please mark which camp(s) you would like to attend:

	Child #1	Child #2	Child #3
Cheer Skills (6/18-6/22)	_____	_____	_____
Sports and Games (6/25-6/29)	_____	_____	_____
Princess and Superhero (7/9-7/13)	_____	_____	_____
Basic Training (7/16-7/20)	_____	_____	_____
Disney Week (7/30-8/3)	_____	_____	_____
Science and Nature (8/6-8/10)	_____	_____	_____

2018 Summer Extras Registration Form

Cost for a tumbling clinic is \$40.00 each/\$30 for Members. Cost for the FunDays is \$22 for Non-Members, \$18 for Members. The sleepover is \$30.00 for Non-Members and \$25.00 for Members. Registration will be a first come basis; spaces are limited, register early to guarantee the summer extras that you want. You may register online, at the gym, or by mailing this registration form to WSGD. **Registration for special events is NOT complete without payment.**

Child's Name _____ Birthdate _____ Gender _____ Age _____

Child's Name _____ Birthdate _____ Gender _____ Age _____

Child's Name _____ Birthdate _____ Gender _____ Age _____

Parent's Name _____ Telephone No. _____ Cell _____

Address _____

Email _____

Please mark which summer extras you would like to attend:

	Child #1	Child #2	Child #3
Beginner Tumbling (7/3)	_____	_____	_____
Back-Handspring Clinic (7/3)	_____	_____	_____
Back Tuck Clinic (7/5)	_____	_____	_____
Layouts and Beyond (7/5)	_____	_____	_____
Summer Fun Day (7/2)	_____	_____	_____
Summer Sleepover (7/7)	_____	_____	_____

Office Use Only:

C: _____

I: _____

O: _____

D: _____